Mental Health and Wellbeing Support at Sandringham Primary School



Intent	Mental Health and Well Being Support at SPS		
At Sandringham Primary School, we place great	<u>CAMHS</u>	With Me In Mind	Open Minds
emphasis on promoting our pupils' wellbeing and			
providing an inclusive environment where every child	NHS	(WITH)	4170
can flourish and thrive.	Rotherham Doncaster and South Humber NH5 Foundation Trust	/ ME	Your -
	CAMHS	(MIND	Doncaster
Our Senior Mental Health Lead, Vicky Ward, works	Child and Adolescent Mental Health Services		
alongside Jess to support children, families, and		002	
professionals in promoting positive social, emotional, and mental health across the school.	Zone 5-19 Doncaster Health	Kooth	The Sleep Charity
and mental health across the school.	and Wellbeing Service		
We are committed to supporting the emotional health		keeth	•. the •
and wellbeing of all pupils and staff. We understand	Rotherham Doncaster	W. J	∷∴ sleep
that everyone experiences challenges in life that can	and South Humber NHS Foundation Trust	You're not alone	• • • · · charity
make us vulnerable, and that at times, any one of us	Zone 5 to 19 Doncaster health and wellbeing service	Access support from other young people and professionals, all at your own pace	
may need additional emotional support. At	_		
Sandringham, we believe that positive mental health	Doncaster Parenting	Young Minds	NSPCC
is everyone's business — we all have a role to play in	Programmes	Tourig Willias	
creating a safe, caring, and supportive school		Vallianina	NSPCC Speak out. Stay safe.
community.	UNDERSTANDING YOUR CHILD	YOUNGMINDS	Show the same of t
Supporting a child's wellbeing and mental health is a			
vital part of what we do every day. We are also here	SOLIHULL APPROACH		
to provide help and guidance to parents and carers,			
ensuring the whole family feels supported.	Parenting Mental Health	Mental Health Foundation	MindEd
,	ratetiting Metital Health	<u>Mentar Health Foundation</u>	<u>iviii'uLu</u>
We are proud of our ongoing work with the Thrive			
Approach, which underpins everything we do to	(6)		MindEd
promote emotional wellbeing. Through Thrive, we	PARENTING MENTAL HEALTH	MENTAL	
help children develop confidence, resilience, and the	MENTAL HEALTH	FOUNDATION	
emotional skills they need to be ready to learn and		1.00107111011	
succeed.			