

Lifestyle Awards

Sandringham Primary School

Pupil Personal Development Programme

The Personal Development Programme in Sandringham Primary School strives to give pupils the knowledge and understanding to become aware, active and responsible citizens who enact the trust's values to **Inspire**, **Include**, have **Integrity** and **Exceed**.

The programme provides pupils with a wide range of opportunities to develop their understanding of themselves, others and the world around them to enable them to be confident, ambitious and articulate citizens, capable of making a positive contribution to society and their own life chances.

In addition to developing their knowledge and understanding, by completing and evidencing the challenges, pupils will be able to achieve the **Exceed Diploma for Personal Development**.

The **Bronze** challenges are mandatory for every pupil who attends Sandringham Primary School - this is their basic entitlement. **Silver** and **Gold** challenges can be completed in school or with greater independence, showing a higher level of self-motivation.

In addition to this, pupils who demonstrate significant engagement and impact through completing these challenges, can be nominated for the **Exceed Ambition Award** and attend the annual awards and recognition ceremony.

Exceed Core Value	Key Stage One	Bronze	Silver	Gold
INSPIRE	Social Moral Spiritual and Cultural	Complete a 'random act of kindness' by doing something nice for a friend.	Join in with celebrations and festivals of all religions in school.	Learn how to organise household recycling and investigate how your household could reduce waste.
	Physical and Mental Wellbeing	Take part in a hobby, club, sport or activity during school.	Take part in a hobby, club, sport or activity out of school.	Complete the required hours to achieve a children's university award.
INCLUDE	Equity and Diversity	Share a book about a character who has a different background to your own.	Engage in discussions about different cultures and religions within school.	Create and present their findings about a different culture and religion to their own.
	British Values	Learn about one aspect of Doncaster's Heritage that interests you.	Learn about your school's rules and how they help you to understand the Rule of Law.	Make links with British values and current affairs.
INTEGRITY	Healthy Relationships	Help someone who needs a friend.	Learn Lifesaving and first aid skills.	Be socially responsible online and report any concerns to a trusted adult.
	Resilience	Keep trying when something is difficult.	Learn to take off your bedding and re-make your bed with clean sheets.	Learn a new skill e.g. ride a bike without stabilisers.
EXCEED	Careers and Enterprise	Learn about different careers.	Research a profession that you are interested in.	Set a budget for meals with your parents or carers and take some responsibility to buy the ingredients.
	Creativity and Expression	Contribute to an art or music event in school e.g. The Nativity.	Contribute to an art or music event in school additional to the curriculum e.g. Rock Steady.	Contribute to an art or music event out of school.

Exceed Core Value	Key Stage Two	Bronze	Silver	Gold
INSPIRE	Physical and Mental Wellbeing	Complete a 'random act of kindness' by doing something nice for a friend or a stranger.	Take part in a hobby, club, sport or activity out of school.	Plan, prepare and cook a healthy meal to share with your family, with supervision.
	Wider Opportunities and experiences	Participate in a whole school festival.	Participate in a school trip.	Complete the required hours to achieve a children's university award.
INCLUDE	British Values	Take part in an election.	Contribute to delivering an assembly or during an assembly.	Create and present their findings about a different culture and religion to their own.
	Heritage and Community	Learn about one aspect of Doncaster's Heritage that interests you.	Learn how to organise household recycling and investigate how your household could reduce waste.	Find out about your own heritage and share with your class.
INTEGRITY	Healthy Relationships	Help someone who needs a friend.	Learn Lifesaving and first aid skills.	Be socially responsible online and report any concerns to a trusted adult.
	Citizenship & Responsibility	Contribute to a fundraising event in school.	Learn to wash and dry the dishes or safely load and unload the dishwasher.	Think of a way to help in your local community e.g. conduct a litter pick in your local park.
EXCEED	Careers and Enterprise	Learn about different careers.	Research a profession that you are interested in.	Learn about budgeting.
	Creativity and Expression	Contribute to an art or music event in school e.g. Art festival.	Contribute to an art or music event in school additional to the curriculum e.g. Rock Steady.	Contribute to an art or music event out of school.