



Dear Parents and Carers,

I am writing to thank you for your support at the start of the academic year and the positive attendance across the Trust.

As we settle into the time of year when coughs, colds and seasonal bugs become more common, we wanted to reach out with a supportive reminder about how we can all work together to keep our academies healthy and running smoothly.

Recommended Exclusion Periods From Public Health

We know it can be difficult to remember the guidelines for every illness. For some common infections, there are recommended periods for children to be kept away from school. The table below provides a quick reference, and a full list is available via the link provided here: <https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities>

Illness	Recommended Exclusion Period
Chickenpox	Until all vesicles (spots) have crusted over
Hand, foot and mouth	None
Impetigo	Until lesions are crusted and healed, or 48 hours after starting antibiotic treatment
Measles	Four days from onset of rash
Scarlet fever	Child can return 24 hours after starting antibiotic treatment
Diarrhoea and Vomiting	48 hours from last episode of diarrhoea or vomiting
Flu (influenza)	Until recovered
Whooping cough	48 hours from starting antibiotic treatment, or 21 days from onset of illness if no antibiotic treatment
Head lice	None
Mumps	Exclude child for five days after onset of swelling
Threadworms	None

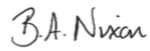
Good Hygiene Practice

Handwashing is an important control and please continue to reinforce these **good hygiene habits** at home.

Thank you so much for your understanding and cooperation. By taking these steps, you are directly supporting the health and education of every child in our care.

If you have any questions or concerns about an illness, please don't hesitate to contact the school office.

Kindest Regards

A handwritten signature in black ink that reads "B.A. Nixon". The signature is written in a cursive, flowing style.

Beryce Nixon, OBE
Chief Executive Officer