



07 March 2023

Dear Parent/Carer,

I am writing to inform you that our school will be delivering lessons to year 4 students in the coming weeks about sanitary health, conception and managing change. This is a crucial part of our curriculum and it is designed to provide your child with accurate and age-appropriate information about relationships and sex education.

At this stage in their development, children may begin to ask questions about their bodies and how they work. Our goal is to provide them with the knowledge and skills they need to make informed decisions about their own health and relationships as they grow older.

We will cover topics such as:

- Being unique
- Having a baby
- Girls and puberty
- Confidence in change
- Accepting change
- Preparing for transition
- Environmental change

These build on previous work in Year 3 as part of our Jigsaw PSHE scheme and prepares pupils for the topics covered in Years 5 and 6.

We understand that some parents may have concerns about the delivery of relationships and sex education to their children. Please be assured that the lessons will be taught in a sensitive and age-appropriate way, and will be in line with the National Curriculum and our school's policies. Parents who would like to view the materials we use may do so by contacting their child's class teacher.

We encourage you to talk to your child about what they are learning in class and to continue these conversations at home. This will help to reinforce the messages they receive in school and to support their understanding of these important topics.

If you have any questions or concerns, please do not hesitate to contact us. We appreciate your support in this important area of your child's education.

Yours sincerely,
Mr C Metcalfe
Principal

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Sandringham Primary School
Year 4 PSHE Consent

Pupil name

Pupil class

I do / do not (please delete) consent to my child taking part in the above mentioned PSHE lesson within class.

Signed Parent/Carer

Date

