

06 March 2023

Dear Parent/Guardian

Dr Bike – 20th March 2023

As part of Sandringham's involvement with the **Modeshift STARS Active Travel** project we have organised a Dr Bike Day on **Monday 20th March**. All pupils who bring their bikes to school will receive a **free safety check** to ensure it is safe to ride.

So what does a Dr Bike involve?

- Every bike will be checked over to ensure that it is safe to ride
- Bikes will have tyres pumped up and chains lubricated
- All nuts and bolts will be checked for tightness
- Brakes will be tightened and checked
- All bikes that have been checked will receive a copy checklist which will detail any actions/repairs undertaken and will also note any further recommendations.

But...

- Please note we are not a bike shop..... In some cases we might replace some parts, but with the time and resources we have some things are not possible to fix.
- Small repairs can be made but bigger changes will need to be referred to a bike shop.

Dr Bike will be delivered by Active Travel Officer, Ella Newson, in partnership with Doncaster Local Authority. We hope to see more children choosing active ways of traveling to school such as walking, cycling and scooting to reduce congestion outside of school, improve children's health and protect the environment. Making sure children's bikes are safe to use is one way we enable pupils and parents to choose active ways to travel to school.

We look forward to seeing you there.

Ella Newson

Modeshift STARS Active Travel Officer, Doncaster

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