



23 June 2022

**Relationship Education**  
**Information for Parents/Carers of children in Primary Schools**

Dear Parents/Carers,

In response to our changing society and the impact of the Internet, the Government decided in 2020 to introduce statutory Relationship Education to Primary Schools, these lessons are not new and have been delivered in most Primary Schools since the last guidance in 2000, however some of the content has now been updated to help keep children safer.

Sandringham has been delivering relationship education through our Jigsaw programme for several years now; and each year we additionally engage the support of the specialist organisation BigTalk Education, whose expertise was sought by the MPs on the Women & Equalities Committee in 2016. They work with 3 to 18-year olds and have been involved in delivering age appropriate education of this type for over 20 years, they also deliver training for Professionals, Parents & Carers.

Following on from the Big Talk sessions, your child's teacher will continue to deliver the Jigsaw programme through the next half term, an outline of what they will cover is provided with this letter for your information.

Below is the programme that will be delivered to the Children by BigTalk on **Thursday 7<sup>th</sup> July 2022**, it reflects the **Ofsted & SEF recommendations**.

- **Age 3 Nursery** *A fun learning environment where the children are taught the differences between boys and girls, naming body parts, correct scientific words, private areas of the body, good touches and bad touches.*
- **Ages 4 to 8 (Reception & School Years 1, 2 & 3)** *Re-enforces and checks what was covered in Nursery. Using specially designed child friendly resources at the end of this session they will be able to identify happy situations and those which may be risky (e.g. other children or adults taking improper photographs of them, inappropriate touches, exposure to unsuitable media etc.) plus who they can talk to if they are worried.*
- **Ages 8 to 9 (School Year 4)** *We cover different kinds of families, similarities and differences between boys and girls, the emotional and physical changes of growing up (puberty) how babies are made, then develop in the womb etc. (reproduction). Looking after our bodies and how to be safe and healthy are also discussed.*
- **Ages 9 to 11 (School Years 5 & 6)** *Reproduction and puberty are re-capped, the children are given the opportunity to ask questions. As well as additional questions on puberty, they will often want more details on how babies develop and are born. It is important that they know there is someone in school as well as at home if they want help, advice or more information etc. (Information at this stage is vital to protect them as they move onto Secondary School and to provide an alternative to Google etc.*

All the resources BigTalk Education use are age appropriate and help keep children protected from unwanted touches, abuse, unsuitable images etc. Research now shows that children receiving this type of education are three times more likely to speak out if they are touched inappropriately etc.

If you do not want your child to be involved in the Jigsaw/Big Talk sessions or you would like more information, please speak to your child's class teacher, or Mrs Smithard via email. However, if you choose to remove your child, please be advised that you are required to teach the same content at home.

There is a link below to their Growing up Safe Year by Year presentations which are now available for you to view on-line prior to our visit. These 3 age specific video presentations have been put together to share with Parents, Carers and School Staff. They explain who Big Talk are and what they will cover when visiting our school.

To access the videos, insert **the password:**  
Safe&Happy

<https://www.bigtalkeducation.co.uk/year-by-year/>

**The book that accompanies this Programme "Bodies, Babies and Bellybuttons" will be available to purchase at the meeting at the discounted price of £8 (20% reduction on the usual on-line price of £9.99)**

Yours sincerely,  
Mr C Metcalfe  
**Principal**

